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Who am I? and How Shall I Live?

By Andrew Cohen

Moksha Press. Paperback. Book Condition: new. BRAND NEW, Who am I? and How Shall I Live?, Andrew Cohen, There are two fundamental spiritual questions that all true seekers want to know the answer to. The first is: 'Who am I? Who am I beyond the mind, beyond the personality, beyond any fixed notion of self?'. The second question is: 'How shall I live? How can I live in a way that manifests the spiritual vision of profound simplicity, dynamic freedom and perfect oneness?'. All the questions that have been asked of spiritual masters throughout history in the end refer to these two questions alone: 'Who am I? and How shall I live?'.



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