



Seafood Basics.Buying, Storing, Cleaning, Cooking Fish and Shellfish (Paperback)

By Julie V Watson

Pollywog Desktop Designs, United States, 2010. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.A basic how-to guide to buying, storing, cleaning and preparation of fish and shellfish common to the Eastern seaboard. People have a great interest in getting back to fresh and local foods but are so used to buy processed food that they feel intimidated. The benefits in both flavour and nutrition of fresh-from-the-sea choices cannot be denied so award-winning food writer, Julie V. Watson, of Prince Edward Island, Canada, created this guide. Tips can be applied to seafood which can be used in recipes of your choice. The author shares the knowledge of generations through a fictional Auntie Seagull character ensuring a fun, informative handbook containing pertinent information about haddock, halibut, trout, salmon, mackerel, and many more fin fish as well as lobster, oysters, mussels, crab and more.



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Reviews

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-- **Friedrich Nolan**

This book is indeed gripping and interesting. It really is rally exciting throuh studying period. Its been written in an extremely easy way and is particularly merely soon after i finished reading this book through which in fact changed me, affect the way i think.

-- **Aisha Lemke**

Other Books



New Chronicles of Rebecca (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



Bluebeard (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



Readers Clubhouse B Just the Right Home (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Marilee Harrald-Pilz (illustrator). 224 x 147 mm. Language: English . Brand New Book. This is volume seven, Reading Level 2, in a comprehensive program (Reading Levels 1 and 2)for beginning readers.Two...



Fox All Week: Level 3 (Paperback)

Penguin Putnam Inc, United States, 2004. Paperback. Book Condition: New. James Marshall (illustrator). Puffin Easy-To-Read ed.. 224 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by...



Finding the Titanic (Paperback)

Scholastic US, United States, 1999. Paperback. Book Condition: New. Ken Marschall (illustrator). 224 x 147 mm. Language: English . Brand New Book. With inspiring and educational stories, Scholastic s Hello Reader series caters to the spectrum of reading abilities among beginning readers....



Fox at School: Level 3 (Paperback)

Penguin Young Readers Group, United States, 1993. Paperback. Book Condition: New. James Marshall (illustrator). Reissue. 224 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by such...