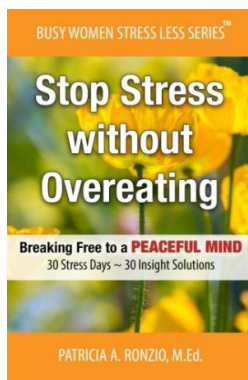


## Stop Stress Without Overeating: Breaking Free to a Peaceful Mind: 30 Stress Days 30 Insight Solutions (Paperback)



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