



Nature s Wisdom Message Cards: 70 Affirmation Cards with Instructions for Use

By Scott Alexander King

Animal Dreaming Publishing, Australia, 2016. Cards. Book Condition: New. 170 x 123 mm. Language: N/A. Brand New Book. The Medicine Walk is not just a stroll taken in nature. It is a journey of intent, undertaken with the purpose of communing with Spirit, Creation and Mother Earth. It encourages us to find and honour the silence within so that we may communicate with all of Creation - the crystals, stones, feathers, trees, flowers, animals, shells, birds, sticks, leaves, insects, weather, rivers, oceans, forests, deserts, parks, gardens and the clouds. It is hoped that you will find it possible to take your experiences and the significant things you see, hear, smell and touch, as gifts and messages from Spirit, and purposefully integrate Nature s Wisdom into your life. To use the cards, sit down on the floor and arrange the cards in a circle around you, face up. Close your eyes, find the inner silence and ask the Earth Mother for guidance. Reach out and choose a number of cards. Open your eyes and contemplate the images before reading the messages on the back. This simple activity literally re-enacts the ancient intention of the Medicine Walk in the comfort of your...



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